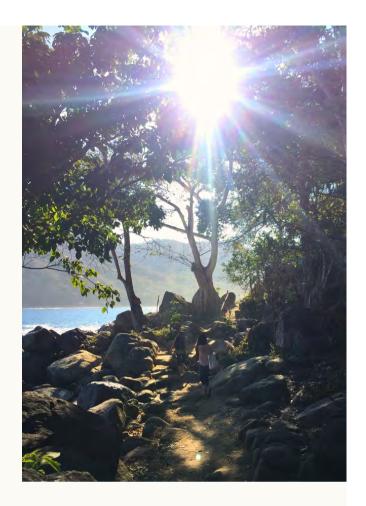


## Activate

Immerse yourself in nature's elemental energy - replenish your spirit and reignite the joy of being in your body on our gorgeous Earth. Learn about your own unique Inner Ecology resources and gifts through the ancient wisdom of Astrology in a place where nature is present in its most potent, pure and powerful expression. You'll experience how each Element in nature resonates with your own inner landscape, waking up your innate creative powers to shape your life as Paradise on Earth. You'll be part of a fun and super-supportive group of soul-adventurers, learning from each other, sparking friendships and creative collaborations along the way. As we meet following a Solar Eclipse in Aries, you will emerge refreshed and revitalized, emanating your authentic essence.







## Renew

This six day retreat takes place during a particularly potent planetary pattern abundant Jupiter aligns with innovative Uranus, inviting us to embody bright new codes of grace, healing and vibrant aliveness. We are also at the threshold of Pluto in Aquarius, an immense shift of consciousness that will unfold through much of our lifetime. Yelapa is a fantastic place to experience Aquarian values: all land is owned communally and managed in a collaborative way with local indigenous families and global seekers who are drawn to this unique, pure and pristine jewel of planet earth. Each guest will receive the healing properties which this land has to offer.

# Activities

Daily Elemental Astrology Activations

Shamanic Journeys

Sound Healing

Yoga

Hiking to a Waterfall

Snorkeling

Creative Play

Stargazing

Paragliding

Beach Days

**Divinity Dinner** 

\*Activities are not required and there will be downtime to relax, integrate, or explore the land.

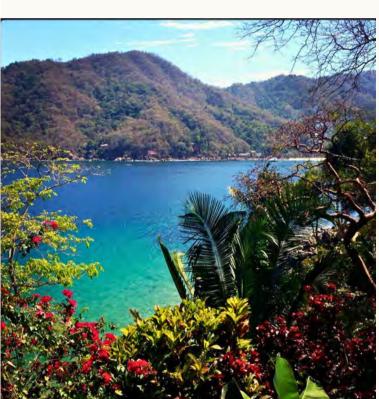




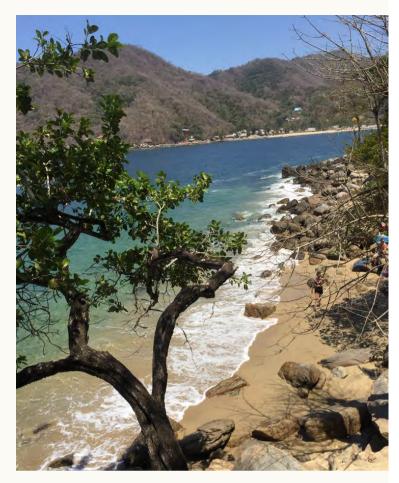














### Location

The retreat will be held at the enchanting Casa Isabel, a lovely sustainable living villa situated beneath a lush jungle canopy on the hillside - right by the Pacific Ocean at the foothills of magnificent Sierra Madre mountains. It offers a variety of unique ocean-view accommodations, their privacy insured by lush shrubs and flowering vines. Each casita has its own special charm and artistic details and is oriented around the original structure, Casa Central. This is the heartbeat of the guesthouse. The weather is a perfect temperature this time of year for both sleeping and swimming.







# Food

The food in Yelapa is amazing - always fresh and full of natural flavors. Our caterers and chefs are equipped to work within the parameters of most food preferences and needs. Vegetarian, Gluten Free, Dairy-free, Nut-allergy-friendly options will be available.

We often wake up to morning smoothies full of the ripe tropical fruits growing right outside of our home. There's plentiful options and your body will feel recharged with the nourishing ingredients. All meals are included: most of our meals will be catered, though when we do go out to local restaurants, guests will be treated by the retreat hosts.











### Accommodations

Each private and spacious room at the Casa Isabel retreat center offers:

- Sustainable, artful construction
- An ocean/water view
- Filtered drinking water
- Coffee
- Hot shower
- Shower Towels
- Fans and mosquito nets
- Hammocks and lounge chairs
- Lock boxes
- Wi-Fi

Casa Central sits perched on a luscious hill with breathtaking views from every casita. Each room has its own stunning and unique panorama, whether it's a vast ocean view, a jungle forest canopy, or flowering gardens over the bay.

Enjoy our beautiful private beach just steps down from the casitas. Our retreat casitas are a short walk from 'town' and the larger beach, where there is paddle boarding, fresh coconuts, and more.

\*All accommodations are Included In the retreat package.



## Travel

#### Arrivals - April 13

We will meet at the Puerta Vallarta airport at around 1:30 pm on April 13th. A provided cab from the airport will take us to the port. A boat will then be provided to transport all guests to Yelapa. The boat ride is around 40 min. and will take us directly to our Casitas.

#### **New York Travelers**

We recommend the non-stop roundtrip JetBlue flight leaving from JFK to PVR at 9:30 am and returning on April 19th at 3:23 pm.

#### **Other Travelers**

For travelers coming from other states or countries, we ask that you plan to arrive at the airport as close to 1:30 pm as possible so that we can ride together to the port.

Please email a copy of your itinerary to <u>katrinhaiba@gmail.com</u> and include the best phone number to reach you at. Ensure you have your phone turned on when you arrive at the airport so we can connect with you.





# Your Retreat Hosts



Rebecca Gordon is a renowned New York City astrologer, founder of a 20-year running Astrology School, and author of *Your Body and the Stars*. From collaborating with top luxury brands, to leading global team building events, and STARSYNC™ digital calendar, Rebecca has seamlessly brought astrology into the fabric of our daily lives. Over the last decades, her true joy has been to lead astrology and adventure retreats across the globe. She feels it vital to realign our bodies to rhythms of the earth at this moment, so each locale is chosen for it's resounding healing properties and stargazing skies. It is her mission to connect people with their unique brand of stardust so they can step into their highest potential.

Katrin Haiba is NYC based international astrologer, transformational coach and adventure retreat leader. Born in the magical Nordic country of Estonia, Katrin has made the whole world her home. In winter, she can be found sailing and surfing the Pacific Ocean and leading deeply healing astrology and nature immersion retreats in the hidden coastal gem of Yelapa, Mexico. She sees astrology as an ancient wisdom tradition that speaks directly to our interconnection with the living Universe – we ARE nature, and astrology can help us rediscover this truth in our souls. She guides her clients to access their own wisdom and grow in gracious harmony with the cycles of Life.





